# How do I donate prepared foods?

Many charitable organizations will <u>not</u> accept food prepared at home such as baking or leftovers.

Many will, however, accept food prepared (but not yet been served) by businesses like restaurants, caterers, banquets and conferences.

### Precautions to take include:

- Leftover/served foods such as buffet items should not be donated.
- Food left out at room temperature for more than two hours, including transportation time, should not be donated.
- Businesses should be able to confirm that potentially hazardous foods (see above) were stored below 4°C or above 60°C at their location.
- Food should be transported in clean, covered food-grade containers.
- All food being donated should be labelled identifying the food, date of preparation, temperature controls (if required) and preparation location.

## Where can I donate?

Locations to donate in Moose Jaw are listed on the other side. The information includes contact information, most wanted food items, food accepted and other wanted items. Please contact the organization *before* making a donation.









Moose Jaw Family Services Inc.





We would like to acknowledge and thank the Saskatoon-based organizations who granted us permission to adapt the original brochure Donating Food in Saskatoon.

# Donating Food in Moose Jaw



# Why donate?

Through food rescue, we can reduce the amount of edible food that is going into the landfill while benefitting charitable organizations and the people they serve.

The annual cost of food waste in Canada exceeds \$100 billion. Food waste does not occur in isolation as it requires resources such as water, land, labour, energy and transportation that contributes to greenhouse gas emissions. At the same time, each year in Canada, 4 million individuals, including over 1 million children, experience some level of food insecurity. Food insecurity can range from concerns about running out of food, to not being able to afford a healthy, balanced diet, to missing meals and in extreme cases, not eating for an entire day due to lack of food and money.

## What about liability?

The law protects people donating food from liabilities:

"A person, the director, agent, employee or volunteer of a corporation that donates food or distributes donated food is not liable for damages resulting in injuries or death caused by the consumption of the food unless the food was adulterated, rotten or unfit for human consumption or the individual did not act in good faith (reckless disregard for safety or intention to cause harm)."

The Donation of Food Act, 1995. Retrieved from http://www.qp.gov.sk.ca/documents/English/Statutes/Statutes/D32-01.pdf

# What can I donate?

- Non-perishable foods in their original unopened packages from commercial food processors or retail stores including canned products, jarred baby foods and dry goods (ex. pasta, flour and sugar). Avoid donating damaged cans (ex. leaking, rusted, bulging, dented along the rims or side seams).
- Low hazard perishable foods such as most raw fruits and vegetables, as long as they are whole and unprocessed (ex. not peeled, sliced, chopped or cut).
- Potentially hazardous foods (ex. dairy, egg, meat, poultry and seafood products) can be donated, although these require more stringent handling to prevent temperature abuse.

Name	Contact Info	Regular Hours	<b>Most Wanted Foods</b>	Foods Accepted	Other Wanted Items
Hunger in Moose Jaw	269 Stada cona St W (306) 692-1916 <u>hungerinmoos eja w.org</u>	Regular Hours:  • Monday to Thursday 9 a m-5 pm  • Fridays 9 a m-12 pm	<ul> <li>Bread</li> <li>Sandwich meat</li> <li>Fresh vegetables and fruit</li> </ul>	<ul> <li>Prepared foods from business es/commercial kitchens</li> <li>Dry, canned and packaged foods</li> <li>Fresh vegetables and fruit</li> </ul>	• n/a
Moose Jaw & District Food Bank	305 Fairford St W (306) 692-2911 <u>mjfoodbank.org</u>	Regular Hours:  • Mondays, Tuesdays, Thursdays and Fridays 9 am-12 pm	Dry, canned and packaged foods	<ul> <li>Dry, canned and packaged foods</li> <li>Garden produce</li> </ul>	<ul> <li>Baby wipes &amp; formula</li> <li>Toil etries</li> <li>Dish soap</li> <li>Zip seal bags</li> <li>Hous ehold cleaning products</li> <li>Personal hygiene products</li> </ul>
Moose Jaw Family Services	200 Main St N (306) 694-8133 mjfamilys ervices.ca	Regular Hours:  • Monday to Friday 8 am-4:30 pm	<ul> <li>Dry, canned and packaged foods</li> <li>Bread products</li> <li>Frozen food products</li> <li>Meat/sandwich meat</li> <li>Prepared foods from businesses/ commercial kitchens</li> <li>Fresh fruit and vegetables</li> </ul>	Prepared or packaged foods as long as they are (or can be) frozen	<ul> <li>New toys</li> <li>Books</li> <li>Games</li> <li>Reusable grocery bags</li> <li>Personal hygiene products</li> <li>Baby formula</li> </ul>
Moose Jaw Pride	345 Main St N (306) 692-3388 mooseja wpri de.ca	<ul> <li>Regular Hours:</li> <li>Monday, Tuesday, Wednesday, Friday 9 am-6 pm</li> <li>Thursday 2 pm-7 pm</li> </ul>	<ul> <li>Dry, canned and packaged foods</li> <li>Fresh vegetables</li> </ul>	<ul> <li>Dry, canned and packaged foods</li> <li>Fresh vegetables</li> </ul>	<ul> <li>Clothing and household goods (referral required for clients to access).</li> </ul>
Moose Jaw Transition House	Tammy McCleary (306) 630-9807 tammy.m@mj- transitionhouse.com	Regular Hours:  • Daily 8 am-8 pm	<ul><li>Dry, canned and packaged foods</li><li>Vegetables and fruit</li></ul>	<ul> <li>Prepared foods from businesses/commercial kitchens</li> <li>Dry, canned and packaged foods</li> <li>Vegetables and fruit</li> </ul>	<ul><li>Personal hygiene i tems</li><li>Baby supplies</li><li>Pre-paid cell minutes</li></ul>
Newcomer Welcome Centre	32 Main St N (306) 692-6892 minwc.ca	Regular Hours:  • Monday to Friday 8 am-12 pm & 1 pm-4:30 pm			<ul> <li>Basic kitchen items (cutlery, plates, bowls, cups, pots, cutting boards)</li> <li>Bedding</li> <li>Winter items</li> </ul>
Riverside Mission (Soul's Harbour)	40 Manitoba St E (306) 624-0137 <u>shrmsk.ca</u>	<ul> <li>Regular Hours:</li> <li>Monday to Friday 24 hours</li> <li>Saturday to Sunday 2pm-10 am</li> </ul>	<ul> <li>Dry, canned and packaged foods</li> <li>Potatoes</li> <li>Bottled water</li> <li>Frozen vegetables</li> <li>Coffee</li> <li>Sugar</li> <li>Powdered creamer</li> </ul>	<ul> <li>Prepared foods from businesses/commercial kitchens</li> <li>Dry, canned and packaged foods</li> <li>Fresh vegetables and fruit</li> </ul>	Due to COVID-19, not currently accepting clothing donations
Salvation Army	175 1st Ave NE (306) 692-8858 salvationarmy.ca	Regular Hours:  • Monday to Saturday 9 a m-4 pm	<ul> <li>Nutritious non-peris hable foods that are good quality and in good condition</li> </ul>	<ul> <li>Dry, canned foods and packaged foods</li> <li>Fresh vegetables and fruit</li> </ul>	Clothing and household goods